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Bills Assessment Worksheet

Instructions: In the "Goals" row, be sure to write in a conservative yet attainable goal, and then use the worksheet to track your progress towards that goal. Write in your bill names across the top row, and record the monthly totals like our example below. If you can't start in January, then that is OK. As an example you can start recording in July, then once January of next year arrives, you can go to the top of the column and continue filling in and this will provide you with a rolling years worth of data. **Remember** to keep these worksheets in your files so you can use them for comparison next year and track your yearly progress!

	Example Water Bill		
January	\$67.99		
February	82.54		
March	50.33		
April	66.59		
May	61.57		
June	69.03		
July	65.65		
August	64.42		
September	70.04		
October	61.13	7	
November	66.56		
December	62.22		
Total	\$788.07		
AVG (Total / 12)	\$65.67		
Goal	\$60.00		
Difference	-\$5.67		

Post Assessment: Did you reach all of your goals? Did you reach some of your goals? Did you reach none of your goals? What happened that allowed this. If you reached all of your goals then you may have either done a great job, or made your goals too easy to reach. If you reached none of your goals then you may not have tried hard enough, or you set the bar too high.

What Can You Do To Improve? Write some ideas below and commit to them:	
1	
2.	
3.	
4.	
5.	

(if you need more room, write on the back of this worksheet)