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Goals Worksheet

Date ___ / ___ / _____

Instructions: Fill in the date in the top right. This worksheet is designed to get you thinking about your near and long term future. In each of the lines you can write in a single goal, in the "method" line next to it you can write in some general ideas to help you achieve that goal, and to the right of that is a checkbox to check off your completed goals, and a line to write the date that you reached it on.

An example goal could be to pay off a credit card, the method could be to pay $100 a month on it, and once the goal is reached check the box and write the date next to it. This will help you keep track of how quickly you are attaining your goals. You can compare the date reached to the date at the top of this sheet to get a really good idea of how long it took to reach your goals.

We've also included an area for retirement goals, because retirement isn't a goal, it is a lifestyle you enjoy based off of the goals you've established for it. Do you want to travel, do you want to eat at the finest restaurants, what do you want to do in retirement? Write your goals in there to help motivate you and remind you of what you are striving for.

Short-Term Goals (1-3 Months):	**How Will You Reach This Goal?**	**Date Reached**
1. _____	Method: _____	☐ _____
2. _____	Method: _____	☐ _____
3. _____	Method: _____	☐ _____
4. _____	Method: _____	☐ _____
5. _____	Method: _____	☐ _____

Medium-Term Goals (3-12 Months):	**How Will You Reach This Goal?**	**Date Reached**
1. _____	Method: _____	☐ _____
2. _____	Method: _____	☐ _____
3. _____	Method: _____	☐ _____
4. _____	Method: _____	☐ _____
5. _____	Method: _____	☐ _____

Long-Term Goals (More Than 1 Year):	**How Will You Reach This Goal?**	**Date Reached**
1. _____	Method: _____	☐ _____
2. _____	Method: _____	☐ _____
3. _____	Method: _____	☐ _____
4. _____	Method: _____	☐ _____
5. _____	Method: _____	☐ _____

Retirement Goals:
1. _____
2. _____
3. _____
4. _____
5. _____

Remember: Retirement will be the sum of all of your choices in life. If you want a good retirement later, then you need to set good goals now. If you can establish discipline now, then you will be able to exhibit control over your retirement and live off of what is saved. If you don't establish discipline for retirement, then you'll be back to job interviews in no time.

(If you need more room, write on the back of this worksheet)